GrowWellthy

SPEAKER SHEET

KEYNOTE SPEAKER FOR THE FINANCIAL SERVICES INDUSTRY

A Fresh Perspective on Wealth for Your Next Financial Conference

Engaging, practical keynotes that help financial advisors protect their health, sustain their success, and enjoy the wealth they've worked so hard to build.

Stevyn Guinnip, MS

Health Advisor for Financial Advisors · Founder & CEO, Grow Wellthy® · Author of *Grow Wellthy*

Your advisors spend their careers protecting wealth. Who's protecting their health?

Financial advisors help clients plan for decades ahead. Many give far less attention to their own health, even though it decides how long they can sustain their success and whether they'll be well enough to enjoy what they've built. Stevyn speaks to that gap using the financial thinking advisors already use every day.

A topic they haven't heard ten times

A break from markets and practice management that still speaks directly to their work.

Personally relevant

Stress, energy, recovery and a full calendar are things nearly every advisor in the room is managing.

Useful for their clients too

Advisors leave with a new way to talk about health as part of a client's financial plan.

Signature keynotes

FOR ADVISORS

Who's Managing Your Health?

Most advisors have a clear plan for their money and no plan for their health. This talk shows them how to bring the same discipline to both.

ATTENDEES LEAVE KNOWING

- Why "normal" numbers can still be off track
- Where they stand and what matters most
- One practical next step to take that week

FOR ADVISORS

The Best Investment: Wellbeing for Financial Professionals

The gap between how long we live and how long we live well, and the career-long trade-off many advisors make between wealth and health.

ATTENDEES LEAVE KNOWING

- The difference between lifespan and healthspan
- What the research says about advisor wellbeing
- Whether their health will support the life their money is meant to fund

FOR CLIENTS

Health Is Wealth: How Your Health Shapes Your Financial Plan

How health affects today's finances and tomorrow's retirement, with practical steps clients can take right away.

ATTENDEES LEAVE KNOWING

- Where health and wealth intersect
- How health can change a retirement plan
- Practical steps to improve their health today

Formats: keynote, breakout or workshop, webinar, or client event, in person or online. Each talk is tailored to your audience, time slot and event theme.

Typical fees: $2,000 to $10,000 depending on format, plus travel for in-person events. Contact us for a quote.

WHAT ORGANIZERS SAY

> "It's not often you come across someone who combines relevant content, conviction, and compassion so seamlessly. Your session made a significant impact, and the positive feedback from our advisors and staff speaks volumes."
>
> Jordan McGrath, Director of Business Development, Trek Financial

> "Stevyn has an exceptional talent for conveying simple, actionable steps to enhance your health. At a recent client event, Stevyn's presentation received outstanding feedback."
>
> Benj Foor, CFP®, EA, Partner & Financial Advisor, Frazier Financial Advisors

> "The highlight for me was listening to Stevyn. Her hope is not only that we take on board her advice, but that we share her knowledge with our clients."
>
> Jane McAleese, Managing Director, Fenrir Financial, on the Financial Planners of Ireland annual conference

> "What's unique about Stevyn is how she combines her family roots in financial advice with her decades-long career in wellbeing and health as a coach to financial advisors."
>
> Michael Kitces, Chief Financial Planning Nerd

Where Stevyn has spoken

Financial Planners of Ireland
Annual Conference, two-time presenter

National Bank of Canada
NBF President's Club, Barcelona

Trek Financial
Annual Advisor Conference

Frazier Financial
Client education dinner

Cetera Financial Group
Advisor partner webinar

Financial Planning Association
Ohio Annual Conference; Georgia opening speaker

Michael Kitces
Financial Advisor Success Podcast

LIA Ireland
Wellbeing for Financial Professionals

Financial Experts Network
Two-time presenter

WealthManagement.com
Ten to Watch

A high five on stage at Financial Planners of Ireland

Trek Financial Annual Advisor Conference

Financial Planners of Ireland, Vision 2030

Meet Stevyn

Stevyn grew up in her father's financial planning office, watching clients save for decades and then lose the health to enjoy it. She became an exercise physiologist, has worked in health since 1999, and today is known as the Health Advisor for Financial Advisors.

Her own health crisis showed her how quickly everything can change. It's why she built Grow Wellthy® to help advisors manage their health with the same intention they bring to their clients' wealth.

- Founder and CEO of Grow Wellthy®
- Master's-trained exercise physiologist
- Author of *Grow Wellthy: The Financial Advisor's 4-Step Plan to Protect Your Health Like an Asset*
- International speaker to advisor audiences in North America and Europe

Bring a fresh perspective to your next event.

Tell us about your audience, date and format, and our team will be in touch about availability.

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