



# **How Would You Like Me to Personally Walk You Through the Exact Game Plan I Use for My Clients (and For Myself) to Finally Get Healthy... Absolutely for Free?**

**From the Desk of:** Stevyn Guinnip, Boulder, CO

Dear Friend,

Let's talk about RESULTS for a second:

Every day, my Grow Wellthy clients are losing weight and keeping it off without working very hard at it. Within 12 weeks they are...

- dropping 20+ pounds of fat without going to the gym or dieting...
- shrinking waist measurements by 4+ inches without ever doing a single crunch...
- fitting into clothes 2 sizes smaller...
- finding peace of mind that they have their health back on track

In fact, if what I'm hearing is true...

**Grow Wellthy is helping more busy professional 'midlifers' reclaim their health and prep for retirement without going to the gym or dieting than any other program out there.**



The only question you need to ask yourself is, "**Do I want to hit my weight goals this year?**"

If the answer is YES, then I'd love to share with you how I'm getting these kinds of results, and I'd like to share it with you for FREE.

Here's how it works...

## **Right Now, You're Probably Stuck on One of These 3 Things...**

**You don't have any extra time to exercise or the exercise you are doing isn't working.** I get it. Too many people depend on you, and your to do list is too long to figure out how to make it work on your own...

OR...

**You feel overwhelmed all the time.** Stress is a part of your life from the time your alarm goes off in the morning until way past your bedtime when you are typing away on your laptop sending a few more emails. You can't imagine adding one more thing to your plate...

OR...

**Eating healthy is SO confusing!** You are wondering if it is even worth it to try again because how do you know what the right plan really is anyway?

Which of those sounds more like you?

The good news is that whichever it is, I can show you a plan that will help you make your goals a reality...



...and I'll do it for FREE.

Consider this:

These are the kinds of results I get for my clients every single day. If I can do it for them (and for myself), I can do it for you.

## **Here's How to Get My Help for FREE...**

I've set aside some time to speak to you over the next few days.

We'll get on the phone for about 45 minutes. On that call, we'll lay out a plan to help you conquer ANY or ALL of the 3 things I mentioned above.

This plan is going to enable you to **lose as much weight as you want...and keep it off...without working harder and using the time that you already have.**

It's a bold promise...

But after seeing this program work, I feel very comfortable making it.

The plan we craft together will be SIMPLE, CLEAR, and EASIER than anything you've heard or tried before.

**My program works. And I know that if we work together, and you stay coachable, decisive, and resourceful, there is NO limit to what you can achieve with your health.**

This invitation is going out to a bunch of busy professionals just like you right now, so as you can imagine, it's going to create a huge response.

That's why I need you to read this next part carefully:



## **This is NOT for Everybody. Here's Who I Can Help:**

I'm VERY picky about who I'll speak with, and I have a strict (but reasonable) set of criteria that needs to be met in order for us to proceed:

**1. You need to be a busy professional 'midlifer' (roughly between the ages of 40-60) who has at least 20 pounds to lose.**

This offer is for successful people who have a lot of work responsibilities and who have neglected their health or stalled out in improvements for more than a year. You've watched the scale climb and your clothes get tight. You are usually at the top of your game in anything you put your mind to, but this weight loss thing is getting the best of you. If that sounds like you...let's talk.

But, if you blame others for your situation or if you aren't open to trying new ways of doing things - no offense, but this is not for you.

**2. You MUST be an action taker who follows directions. That means you're coachable, decisive, and resourceful. (Don't worry - I won't ask you to do anything weird.)**

If you like to "kick tires" or sign up for things and not follow through, this is NOT for you. Maintaining a 100% client success rate is VERY important to me. Please be someone who doesn't mess around and is serious about results.

That's it - if you meet BOTH of those requirements, we're good.

## **Here's What I Want You to Do Next:**

If you meet the criteria above, and you'd like to talk about getting some incredible weight loss and health improvements that will set you up for a healthy, vibrant future, then I'll happily set aside some time for you.



Here's what to do next:

Head over to [www.growwellthy.com/talk](http://www.growwellthy.com/talk) and you'll see my calendar. Grab whatever appointment time works for you.

Then you'll be taken to my quick application form. It's very fast and unobtrusive. I just need to know what your challenges are and what you want to accomplish with your health.

That's it!

The initial call will go 45-60 minutes, and it will be the BEST time you have ever spent working on yourself.

## **WARNING - TIME IS A FACTOR!**

This invitation is going out to a bunch of busy professionals like you today, and there is only so much time available in my schedule. Like you, I'm busy, too.

It's physically impossible for me to work with more than a handful of people, so it is FIRST COME, FIRST SERVED.

**[If you feel like this is the right opportunity for you, click here, leave your application, and let's talk!](#)**

Talk soon,  
Stevyn Guinnip, MS, CWC  
Wellth Advisor, Founder & CEO of Grow Wellthy